




Instagram Security Enhancement: A Step-by-Step Guide

Take full control of your profile by managing visibility, privacy, and security settings. Fine-tune settings like who can see your profile and what they can see to protect your professional identity while ensuring your profile remains secure, private, and polished—perfect for making a powerful impression in your network.

The Basics: Enable Two-Factor Authentication (2FA)


How to: Change your password

- Open the Instagram app and go to your profile.
- Tap the **three lines** in the top right corner, then tap **Settings**.
- Tap **Security**, then **Two-Factor Authentication**.
- Choose either **Text Message** or an **Authentication App**.
- Follow the prompts to set it up.

 **Why It Matters:** It adds an extra layer of protection.

How to: Use a Strong Password

- Go to **Settings**, then tap **Security**.
- Tap **Password**.
- Create a password that's at least 8 characters long, using a mix of letters, numbers, and symbols.
- Avoid using the same password as other accounts.


 **Why It Matters:** Weak passwords are easier to hack.

Review and Manage Activity

A. Check Account Activity Regularly

How to:

- Go to **Settings**, then tap **Security**.
- Tap **Login Activity**.
- Review the list of devices and locations where your account is logged in. If anything looks unfamiliar, log out of those sessions.

 **Why It Matters:** This allows you to spot any unusual logins

B. Enable Login Alerts

👁 How to:

- Go to **Settings**, then **Password and Security**.
- Tap **Login Alerts**.

? **Why It Matters:** This allows you to be notified by Instagram about unrecognized logins to your accounts

🔗 Manage Data Sharing and Ads Preferences

A. Be Careful with Third-Party Apps

👁 How to:

- Go to **Settings**, then tap **Security**.
- Tap **Apps and Websites**.
- Review the list of apps that have access to your Instagram. Remove any that you don't recognize or trust.

? **Why It Matters:** Managing your privacy settings helps you control who can see your information, reducing the risk of unwanted contact or data misuse. Limiting data sharing also decreases your exposure to targeted ads and potential data breaches.

🛡 Be Cautious: General Advice

A. Make Your Account Private

👁 How to:

- Go to **Settings**, then tap **Privacy**.
- Toggle on **Private Account**.
- Now, only people you approve can see your posts.

? **Why It Matters:** This limits who can see your posts, reducing the risk of getting scammed through social engineering

B. Be Cautious of Phishing Scams

👁 How to:

- Always verify the sender of emails or messages.
- Avoid clicking on suspicious links or attachments.

C. Log Out When Using Shared Devices

Always log out of Instagram when using public or shared devices to prevent others from accessing your account.

- **How to:** Go to Settings, then tap Log Out.

